

**From:** [REDACTED]  
**To:** [Hearings](#)  
**Cc:** [submissions@golder.co.nz](mailto:submissions@golder.co.nz)  
**Subject:** Notifications Consent Submission: Group 422  
**Date:** Sunday, 26 May 2019 2:48:02 PM  
**Attachments:** [SchoolDescription2019.docx](#)  
[Mindfulschoolexperinces-at-the-school.docx](#)

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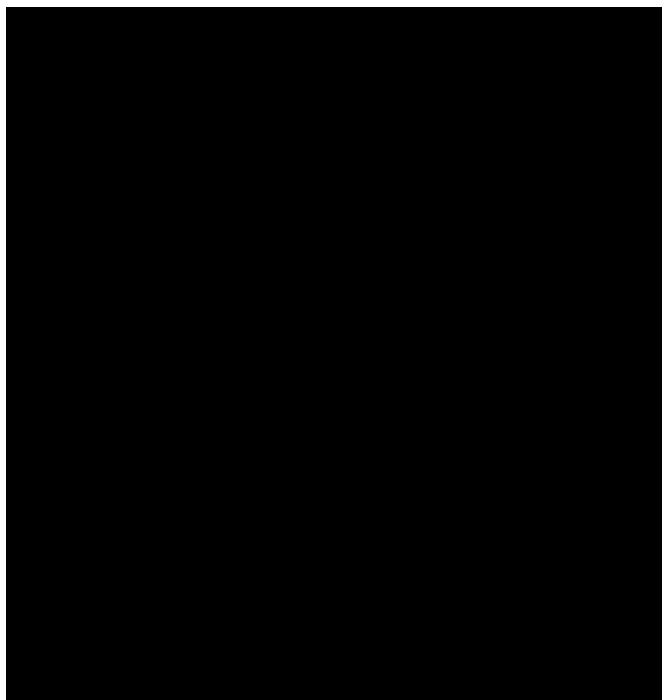
**Group ID: 422**

**Consent name:** Fulton Hogan - Roydon Quarry

**Consent number:** CRC192408, CRC192409, CRC192410, CRC192411, CRC192412, CRC192413, CRC192414, RC185627

**Name:** Kalyani padukbage

**Care of:** Sri Lankan and cultural school at 358 Maddisons Road



**Contact by email:** Yes

**Is a trade competitor:** No

**Directly affected:** Yes

**Consent support/hearing details**

- CRC192408: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192409: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192410: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192411: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192412: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192413: oppose | WANT to be heard | will NOT consider joint hearing
  - CRC192414: oppose | WANT to be heard | will NOT consider joint hearing
  - RC185627: oppose | WANT to be heard | will NOT consider joint hearing
-

**Reasons comment:**

I live in Christchurch and conduct a community language school at Samadhi Vihara at 358, Maddisons Road, Rolleston. I oppose the application from Fulton Hogan to establish a quarry for the following reasons. 1. Health hazards- Potential health hazards caused by dust would be more harmful to our school children. Our school has indoor and outdoor activities and polluted environment has an effect on the health and well-being of our young Sri Lankans those who are studying at our school. playtime in the ground, is also one aspect of our school ethos and it provides to practice caring and sharing qualities among school students including student mentor training. If the surrounding environment is full of dust the school cannot implement such activities due to those health risks. 2. Noise- Noise coming from the machinery operation at the quarry will make disturbances to our school activities. We are a branch of mindful school international and we conduct classes for mindful practice to improve calmness among kids. Mindful sitting, Mindful walking in the garden and nature trail are some of the organised activities and we are unable to conduct that activities in a noisy environment. 3. Traffic and truck movements: Increased numbers of heavy vehicles travelling to and from the quarry site can cause traffic. up to 1500 truck movements daily are planned by Fulton Hogan and it will increase noise levels , heavy traffic and it would be a disturbance to all our school activities

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**Consent comment:**

I want the authorities to DECLINE the application from Fulton Hogan and NOT GRANT consent for a quarry on this site. I would like the following conditions imposed if consent is given: 1.Hours of operation- reducing hours of operation. No work should be done during the weekends. 2.Precautions to clear Dust: Dust is a major health hazard and precaution strategies needed to reduce. 3.Truck movements: reducing truck movements and limiting the speed. No truck movements on Maddisons Road at any time.

Who we are and what we do

**The Sri Lankan Language and Culture School, Christchurch at 358 Maddisons Road  
(at Samadhi Buddhist Vihara)**

The School conducts classes for young Sri Lankan community of age between 4 and 14 years old. There are three levels of classes as Level 1(small), Level 2(middle) and Level 3(senior).

**The main purpose:**

The main purpose of the Sri Lankan Language and Cultural School is to provide opportunities to learn one of the Sri Lankan Languages, Sinhala and Sri Lankan Cultural understanding with the aim of developing quality of life of young Sri Lankan community in Christchurch. Therefore all these school activities are focused on the development of young Sri Lankan Community in Christchurch.

The school also provides opportunities to young Sri Lankans to gain access to the richness of our Sri Lankan heritage through aesthetic activities as part of the curriculum.

To fulfil the objectives of the school the following Special Programmes are implemented in the school.

- **Morning speeches aimed at improving public speaking and communication in Sinhala Language**
- **Mindful school mindfulness activity-** developing moral values and mental well-being and calmness among children
- **Star collection to develop sinhala literacy** – improving Sinhala language writing and creative thinking
- **Talent hour** - aimed at improving young talents

- **Storytelling group activities** – training student mentors, buddies, leadership training- *young leader challenge*
- **Whole School presentations** – School Presentation days- eg. Diary day, my good deeds
- **Leadership training-** towards the success of transformation leadership **Peer support leaders**
- **Peer coaching** – new project- Peers reading together ( experimental project)

All these activities provided integrated meaningful learning experiences to our students. The student progress is assessed continuously. All the above programmes are focused on making a difference of student achievement in language proficiency, moral values and team spirit through the various programmes of the school.

### **Mindful school experience – few activities**

The Sri Lankan Language and cultural school is a branch of Mindful school international.

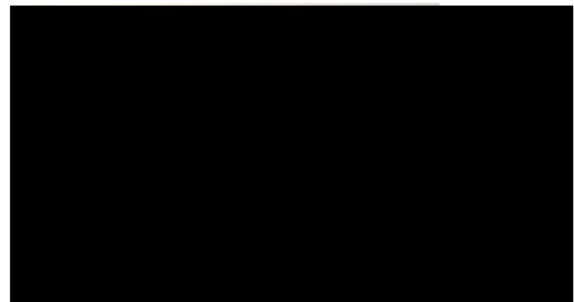
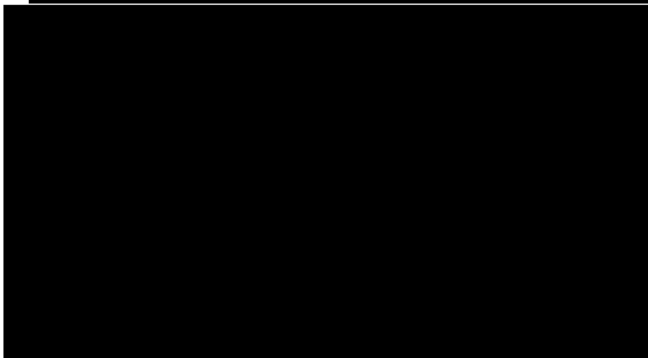
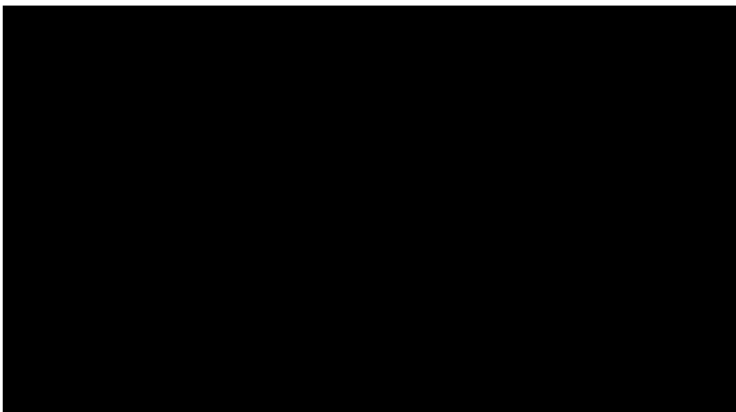
**Venue:** Samadhi Buddhist Vihara, 358 Maddison's Road, Rolleston 7675, Selwyn District, Christchurch, New Zealand.

Becoming mindful is a great practice for our younger generation and this would be a remarkable step forward in developing their future as good citizens in the society.

Learn to "be prepared" and to "be Learn "in thoughts, words, and deeds,

Practicing routines to be efficient and be relaxed physically and mentally and ending the day extending feelings of wellbeing towards all beings.

### **Mindful sitting and mindful walking**



## Nature trail on Experiences - *Observing the Nature of the Temple garden*



### **Organised activity**

Please accompany your group.

Slowly walk through the paddock path and experience the nature: a variety of sounds, birds, plants, trees, flowers, blue sky etc.

(Adult facilitator guides the nature walk).

Moving slowly through the circular path and be mindful and slowly walk around and experience the nature walk .

*I hear the sound of the wind , birds, bees etc. (You know that you are hearing and you are in the present moment of hearing)*

*I see the patterns of clouds, shapes of the trees, different flowers. (You know that you are seeing. You are in the present moment of seeing).*

Collect pebbles, different colour leaves (fallen down leaves only) and anything else you want. Touch and feel them and see how it feels and how it makes you feel.

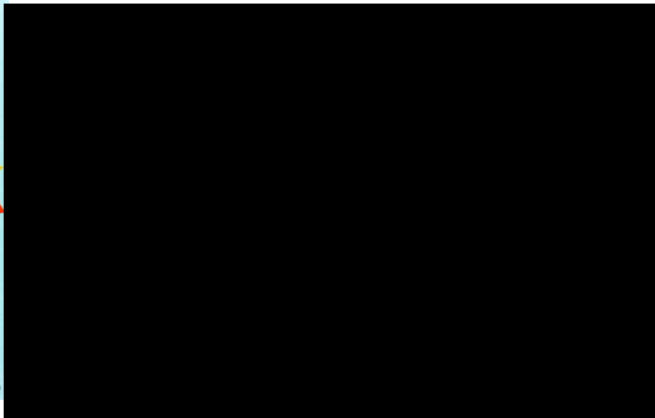


## Making gratitude tree

“I want to say thank you.. and share my gratitude for everything I’ve been blessed with”.

Ideas :

- Family – e.g. mum, dad...
- Environment- e.g. sun, trees, water ways.....
- School – teachers, classmates
- Community- temple, monks, church,
- Country – bus, road workers,.....

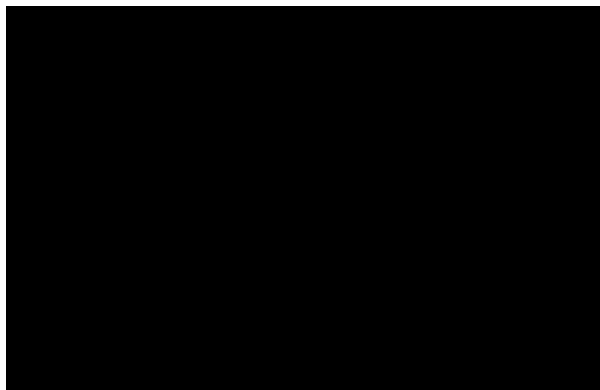




**Making thank you flowers:**

“I want to say thank you to my mum, dad,....

These are my thank flowers for you all.



Mindful leaf tracing activity

